

AYSGARTH LODGES Yorkshire Dales

Situated in a secluded spot on the banks of the picturesque Bishopdale Beck, Aysgarth Lodges is a luxury holiday park with breathtaking views.

Following a £12 million makeover, the park now boasts its own high-end bar and restaurant Falls End, which serves local culinary delights - plus there are hot tubs at every lodge.

Within walking distance of the famous Insta-worthy Aysgarth Falls, it's heaven for ramblers and dog walkers, or anyone simply craving fresh air. Kids will be spoilt, too, as the park includes a play area and wonderful on-site petting farm Molly's, that includes friendly alpacas, cuddly rabbits and kunekune pigs.

The contemporary stylish lodges can cater for groups up to eight, and come with all mod cons including fully equipped kitchen, outside decking with Jacuzzi, smart TVs in all bedrooms, and bed linen and towels.

Off site: You're spoilt for choice, as several castles are just a short drive away. Check out Castle

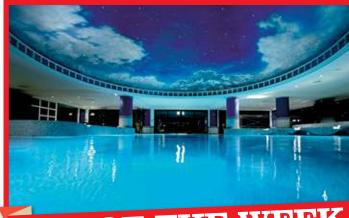
Bolton which has regular archery and bird of prey displays and a stunning maze.

Middleham Castle, once the childhood home of Richard III, is also close in a picturesque village with a number of inviting pubs. Kids will love the nearby Forbidden Corner (theforbidden corner.co.uk). This quirky attraction is filled with labyrinths, tunnels, chambers and galleries with tricky challenges. Food and drink lovers are also catered for at the local Black Sheep Brewery (blacksheepbrewery.com) or see how the famous cheese is made with a tour of the Wensleydale Creamery where you can sample up to 20 different types (wensley dale.co.uk).

But the real highlight of the area is the stunning views, and with the Dales as your playground you can also enjoy the great outdoors with fishing or cycling.

Book it: Lodges start at £425 per week; pet-friendly lodges are available. Visit leisure resorts.co.uk

POLLY McCOMBE & MADELINE CRISP



SPA OF THE WEEK

The Celtic Manor Resort Newport

Who goes? Lydia Bright and boyfriend Lee Cronin visited in June.

Why is it so special? With a choice of six restaurants, outdoor activities right on your doorstep and two spas to help you unwind, a weekend at this five-star resort won't just recharge your batteries, it'll leave you refreshed, reinvigorated and raring to go.

What treatments are on offer? The Forum Spa offers an array of treatments using Elemis products. Cleanse your body with the help of detoxifying chakra muds

in the unique Herbal Steam Temple (from £55 for 45 mins) before warm tropical rain washes those worries away. Alternatively, try the Forum Massage (from £70 for 50 mins), which is tailored to your individual needs.

Any packages?

The overnight Sunday Spa Rollover package will leave you feeling utterly recharged for the week ahead. From £129 per person, the deal includes accommodation, a three-course evening buffet at The Olive Tree restaurant, breakfast and a 50-minute facial, Herbal Steam Temple, massage or revitaliser treatment.

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Lydia and Lee